# Brush it Bold

## Painting workshop with Sheila Davis SCA OSA

### Supply List for 2 day workshop:

1 Canvas or prepared \* wood panels 30 X 30 min 36 X 36 max or 30 X 36 or 30 X 40,. - I work on a 36 X 36

Brushes – synthetic please. Bright with good spring I use Robert Simmons Titanium\*. Long handle Brights size, 4, 6, 8 Short handle Glaze 3/4 " & 1"

I will have them available to purchase – contact me for more information

Odorless mineral spirits and container with lid (stainless brush tin or shallow glass jar)— Gamsol or Opus Odorless Mineral Spirits.

Regular mineral spirits and turpentine are NOT PERMITTED. Please be aware that older painting boxes and mediums can have strong odor and are not permitted.. \*\*\* many older mediums and thinners contain toxic ingredients. These are NOT PERMITTED in class only odorless mineral spirits allowed. NO TURPINOID 2 water tubs for acrylics

Palette – a board is fine. I will have palette paper and tape. Clips to hold the paper. **You will need a large mixing area** min 12 X 16" you will be changing or cleaning your palette often.

Easel – floor is best (you will need table room) and <u>2 Drop sheets to protect the table and floor.</u> <u>You are responsible for keeping your area clean – NO PAINT ON THE FLOOR!</u> <u>Please be aware of your easels footprint – long splayed out legs are a danger and take up room, make sure its sturdy and will hold your surface vertical</u>

Paper towels - one large roll at least

A good rubber glove for you cleaning hand. Vinyl is fine for your painting hand

- \*raw wood to be prepared with two coats of clear liquitex gesso sanded. Finished edges how you wish. Prepare min 2 days ahead.
- \* You will NOT get the same affects as myself working with acrylic. But I will help you along. Don't forget you have to get your wet painting home ③

**Colour Shaper** – little rubber thing that moves paint around – a nice tool to have. My favourite is the <u>Royal Sovereign</u> firm angle chisel size 16

#### Oil paint - KAMA OR GAMBLIN

Paint - my personal preferences after 25 years of painting. No tube greens or black allowed © If you don't like a colour don't buy it!

Many colours have the same name and are the same... some aren't. It's a learning curve getting to know each brand

#### Colours in BOLD are large 150 ml tubes.

If purchasing other brands compare colours! Different brands have different colour and names. Colour charts are on the web. I don't know them so can't really help. I can help you mix what you have

Winton Titanium White or Soft Mixing White - large 200 ml tube

Kama (Oil only)	OR	Gamblin (oil only)
*Transparent yellow oxide		Transparent earth yellow
*Transparent red oxide		Transparent earth red
*Azo/hansa Lemon yellow		Cadmium lemon
*Cadmium red light		Cadmium red light
*Ultramarine blue		Ultramarine blue
*Indian yellow		Indian yellow
*Naples yellow light		radiant yellow
*Violet grey		radiant violet
*Besner Blue no 1		radiant blue
*Blue Grey		
*Turquoise Light		radiant turquoise
		cerulean blue hue
		Cobalt blue
Manganese hue (for winter)		Manganese hue (for winter)
		* Transparent Orange
*Quinacridone Red		Quinacridone Red

http://www.kamapigment.com/index en.html

**Kama Oil sticks** – Kama oil sticks are a hard stick of strong pigment used for calligraphy and scribbles. Other brands are soft and mushy. Pick a few to play with! My fav are Cyan, Cad orange light, Turquoise Cobalt Light, Azur blue. Cinnabar Green, Fluorescent Pink BUY WHAT YOU LIKE

## Trying Oil for the first time and don't want to invest in all the colours?

#### **Bare bones list of colours:**

Titanium white – large tube

Transparent yellow oxide

Transparent red oxide

Ultramarine blue

Cerulean blue hue

Naples yellow (kama brand)

Lemon yellow

Indian yellow

Quinacridone red or alizarin crimson

<sup>\*</sup>colours on my palette

## ACRYLIC PAINT - heavy body is preferred

Titanium white

Ultramarine blue

Transparent yellow oxide or Nickel Azo yellow

Lemon yellow (cad or Hansa)

Red light (Hansa or cad) Cobalt Blue Hue

Cerulean Blue Hue

Indian yellow

Hansa orange

Quinacridone red

Light Turquoise

Light violet

Cobalt teal

transparent red iron oxide or trans burnt sienna

light Phthalo turquoise

I like Acrylic Markers for calligraphy, acrylic ink markers can also be used Air Brush Medium (think like water – for drips and splatter)

Extender medium